Friday January 1	Morning Activities9:15 Aromatherapy Refresh9:30 Farmers Market10:00 Stretch & Balance11:00 Baking with Claudette	2:00 Guessing Game 2:30 Nature Walk 3:30 Occupational Game 4:00 Music with Fredrik
Saturday January 2	Morning Activities9:00 Morning News10:00 Sit & Fit11:00 Trivia	Afternoon Activities 2:00 Bingo 3:00 Smoothie Bar 3:30 Occupational Game 4:00 Singing with Claudette
	Morning Activities	Afternoon Activities

Sunday January 3 10:00 Music & Memory

9:00 Religious & Spiritual Service

11:00 Trivia

2:00 Nature Walk

2:30 Cookie Baking

4:00 Movie

Breakfast	t: 7:30am – 9:00am	Lunch: 12:00pm - 1	:00pm	Dinner: 5:00pm - 6:30pm
	Morning Activities		Afternoon Activities	
Monday	9:15 News and Current Events		2:00 Word Game	
	9:30 Sit & Fit		3:00 Bocce Ball	
January 4	10:00 Scenic Drive with Shane		4:00 Card Game	
	11:45 Nature Walk			
	Morning Activities		Afternoon Activities	
Tuesday	9:00 News and Current Events	This of LO	2:00 Puzzle	
January 5	10:00 Stretch & Balance		3:30 Flower Arranging	
J	11:15 Nature Walk	Halphar (C	6:00 Drawing	
	Morning Activities		Afternoon Activities	
	9:15 Aromatherapy Refresh		2:00 Nature Walk	
Wodnosday	9:30 Sit & Fit		2:30 Cards	
Wednesday January	10:30 Bean Bag Toss 11:00 Nature Walk		3:00 Movie	
6	Morning Activities		Aftannaan Aatinitias	
Thursday January 7	9:15 Aromatherapy Refresh		Afternoon Activities	
	9:30 Morning News		2:00 Word Game	
	10:00 Sit & Fit		3:00 Bocce Ball	
	10:30 Nature Walk		4:00 Card Games	

Breakfast: 7:30am – 9:00am		Lunch: 12:00pm - 1:00pm	Dinner: 5:00pm - 6:30pm	
	Morning Activities	Afternoon Activiti	es	_
	9:00 Aromatherapy Refresh	2:00 Matching G	ames	
Friday	9:30 Farmers Market	2:30 Nature Wall	k	
January	10:00 Stretch & blance	3:30 Occupational Games		
8	11:15 Baking with Claudette			
	Morning Activities	Afternoon Activiti	es	
Saturday January 9	9:00 Morning News	2:00 Bingo		
	10:00 Sit & Fit	3:00 Balloon Bac	dminton	
	11:00 Trivia	4:00 Singing with	n Claudette	
	Morning Activities	Afternoon Activiti	es	_
Sunday	9:00 Religious & Spiritual Service	2:00 Nature Wall	Κ	
January	10:00 Music & Memory	2:30 Guessing G	ame	
10	11:00 Trivia	4:00 Music with 0	Greg	

Breaktas	t: 7:30am – 9:00am	Lunch: 12:00pm -	· 1:00pm	Dinner: 5:00pm – 6:30pm
	Morning Activities		Afternoon Activities	
	9:15 Aromatherapy Refresh		2:00 Word Game	
Monday	9:30 Sit &Fit		3:00 Bocce Ball	
January	10:00 Scenic Drive with Shane		4:00 Card Games	
11	10:30 Nature Walk			
	Morning Activities		Afternoon Activities	
	9:00 News and Current Event		2:00 Puzzle	
Tuesday	10:00 Stretch & Balance		3:30 Flower Arranging	
January 12	11:00 Nature Walk		4:00 Music with Fredrik	
	Morning Activities		Afternoon Activities	
Wednesday	9:15 Aromatherapy Refresh		2:00 Smoothie Bar	
January 13 Thursday January 14	9:30 Sit &Fit	2:30 Nature Walk		
	10:30 Bean Bag Toss		3:00 Memory Care	
	11:15 Trivia Morning Activities		The momenty date	
	9:30 Stretch & Balance		Afternoon Activities	
	10:45 Zumba 11:30 Balloon Toss		2:00 Bingo 3:30 Vine and Cheese 4:00 Movie	

Breakfast: 7:30am - 9:00am Lunch: 12:00pm - 1:00pm **Dinner: 5:00pm - 6:30pm**

	Morning Activities	Afternoon Activities	
Saturday January 16	9:00 Morning News 10:00 Sit & Fit 11:00 Trivia	2:00 Bingo 3:00 Balloon Badminton 4:00 Movie	
	Morning Activities		
10	10:30 Baking with Claudettte		
Januar y 15	10:00 Stretch & Balance	3:30 Occupational Game	
Friday January	9:30 Farmers Market	2:30 Nature Walk	
T	9:15 Aromatherapy Refresh	2:00 Matching Game	
	Morning Activities	Afternoon Activities	

Sunday January

10:00 Music & Memory

9:00 Religious Spiritual Services

11:00 Trivia

2:00 Nature Walk

2:30 Guessing Game

3:00 Movie

Lunch: 12:00pm – 1:00pm **Dinner: 5:00pm – 6:30pm** Afternoon Activities **Morning Activities** 2:00 Word Game 9:15 Aromatherapy Refresh Monday 3:00 Bocce Ball January 9:30 Sit & Fit 4:00 Music with Fredrik 18 10:00 Scenic Drive with Shane 10:30 Nature Walk **Morning Activities** Afternoon Activities 2:00 Puzzle **Tuesday** 9:00 News and Current Events 3:30 Flower Arranging January 10:00 Stretch & Balance **4:00** Movie 19 10:45 Resident Council Meeting 11:00 Nature Walk **Morning Activities** Afternoon Activities 9:00 Aromatherapy Refresh 2:00 Smoothie Bar Wednesday 9:30 Sit & Fit January 2:30 Nature Walk 10:30 Bean Bag Toss 20 3:30 Music & Memory **11:15** Trivia Afternoon Activities Morning Activities **2:00** Bingo 9:15 Stretch & Balance **Thursday 10:45** Zumba 3:30 Vine & Cheese January 4:00 Card Games **11:30** Ball Toss 21

Breakfast: 7:30am – 9:00am

Breakfast: 7:30am – 9:00am		Lunch: 12:00pm - 1:00pm	Dinner: 5:00pm - 6:30pm
	Morning Activities	Afternoon Activities	
	9:00 Aromatherapy Refresh	2:00 Matching Games	S
Friday	9:30 Farmers Market	2:30 Nature Walk	
January 22	10:00 Stretch & Balance	3:00 Music & Memory	<i>'</i>
	10:30 Baking with Claudette		
	Morning Activities	Afternoon Activities	
~	9:15 Morning News	2:00 Bingo	
Saturday January 23	10:00 Sit & Fit	3:00 Guessing Game	
	11:00 Trivia	3:30 Movie	
	Morning Activities	Afternoon Activities	
Sunday January 24	9:00 Religious & Spiritual Service	2:00 Word Game	
	10:00 Music & Memory	3:00 Cards	
	11:00 Trivia	4:00 Movie	

Breakfas	t: 7:30am – 9:00am	Lunch: 12:00pm - 1:00p	Dinner: 5:00pm - 6:30pm
Monday January 25	Morning Activities9:15 Aromatherapy Refresh9:30 Sit & Fit10:00 Scenic Drive with Shane10:30 Nature Walk	2:00 3:00	Word Game Bocce Ball Card Games
Tuesday January 26	Morning Activities9:00 News and Current Events10:00 Stretch & Balance10:45 Dominos11:15 Nature Walk	2:00 3:00	Puzzles Flower Arranging Drawing
Wednesday January 27	Morning Activities9:00 Aromatherapy Refresh9:30 Sit & Fit10:30 Bean Bag Toss11:15 Word game	2:00 2:5	Smoothie Bar 30 Nature Walk Music & Memory
Thursday January 28	Morning Activities 9:30 Morning News 10:00 Stretch & Balance 10:30 Zumba 11:15 Ball Toss	2:00 3:30	Bingo Vine & Cheese Card Games

Friday January 29	Morning Activities9:00 Aromatherapy Refresh9:30 Farmers Market10:00 Stretch & Balance10:30 Baking with Claudette	2:00 Matching Games 3:30 Nature walk 4:00 Movie	
Saturday January 30	Morning Activities9:15 Aromatherapy Refresh10:00 Sit & Fit11:00 Trivia	Afternoon Activities 2:00 Bingo 3:00 Guessing game 4:00 Music & Memory	
Sunday January 31	Morning Activities 9:00 Religious & Spiritual Service 10:00 Music & Memory 11:00 Trivia	Afternoon Activities 1:30 Nature Walk 2:30 Cards 4:00 Movie	